TRUE helps teams complete complex tasks successfully. The first part of TRUE is an online tool. The second and third parts of TRUE are done by the whole team at workshops.

**Stage 1.**

1. The team leader creates a project at truetool.org/teammanagement and invites team members to join the project.

2. All team members give their view on the project’s complexities and the team’s capabilities using the online tool. The tools calculates complexity and capability scores.

3. Once everyone has answered the questions the team leader sees a summary of the whole team’s answers and their view on the project’s complexity and the team’s capability.

**Stage 2.**

4. The whole team meets and agrees the most important barriers to progress. They are guided by the team leader’s summary of the whole team’s responses.

5. The whole team list the most important barriers and for each explains why they are relevant to the project and makes recommendations on how to proceed.

6. The whole team groups the recommendations into workstreams. There can be many workstreams and they can be worked on in parallel by subgroups of the team.

7. Each workstream creates a list of actions needed to achieve their recommendations.

**Stage 3.**

8. The whole team reassembles. Each workstream lays out their actions in their lane of the project enhancement map.

9. The whole team considers dependencies between different actions. They may rearrange timelines or even move actions into different workstreams to make all actions work together.